I would like to invite you to leave the busyness of life and come on a walk up my local mountain, Arennig. All the struggle in the ascent fades away as a clear panoramic view unfolds at the top. We are overcome with awe...
...do you hear that stream?
It flows down the weathered crags of the ancient mountains, over the tender brows of green and purple hills where skylarks soar. Cascading into the deep valley and fusing into the undisturbed lake below. Take a deep breath, all is calm; all is tranquil.

The flowers, the clouds, the breeze, each detail of this magnificent creation, resonates the glory of our Creator God. What a privilege to steward over this incredible planet: To live off, learn from, wonder at, rejoice in and conserve.

Yet sadly, it is clear we are not stewarding as we should, and the whole world is suffering.

What can we do about this? Fear is a bad motivator-love is better: for nature, for future generations and for the Creator.

We have received immeasurable love from our faithful Father and Creator, let us reflect this love and worship Him by protecting His planet. Let us celebrate every milestone and keep going together for Him, His world, and His people.

Written on behalf of the St Asaph Youth Forum by Joseff Griffiths from Penedeyrn Mission Area.

Caring for each other; caring for God’s creation
In this short guide, split into sections, we pose a number of simple questions to help you make small changes in the way you live, work, shop and worship. In turn, these changes will contribute to the development of a fairer and more sustainable world.

Use the booklet as a prompt for prayer and discussion and, with our sisters and brothers across the Church in Wales, you can have your efforts recognised with an official Eco-Church designation. There is further information to help with this at the end.

“Community and Global Engagement

“The fields of the poor may produce abundant food, but injustice sweeps it away.” – Proverbs 13:23

01. Does your Church serve Fairtrade tea, coffee and sugar?

02. Do you host a Traidcraft stall to promote global awareness of where our food comes from and the welfare of those producing it?

03. Do you promote and engage with initiatives that seek to support those in need in your local community and in poorer communities across the globe? An example of this could be buying locally produced, seasonal produce from a local independent supplier.

Lis Perkins, Just Shopping

Yes  No
Lifestyle

“If one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it.” – 1 Corinthians 12:26

01. Do you encourage members to reduce waste by following the principles of ‘reduce, re-use and recycle’? Think of practical examples, such as installing a water butt, choosing washable dishware over plastic or paper and by providing recycle bins, etc.

Yes  No

02. Do members of your congregation car-share to come to Church meetings and services, or arrange to walk to Church together? Are facilities available for people to safely store bicycles if coming to Church by bike?

Yes  No

03. Have you considered the ethical implications of your decisions, both as a Church and as individuals in the congregation?
For example, in your decisions on investments, use of environmentally friendly cleaning products, sourcing of food, etc.

Yes  No

Land

“God saw everything that he had made, and indeed, it was very good.” – Genesis 1:31

01. Have you installed bird and bat boxes, a bug hotel, a hedgehog box or an insect box in the Churchyard?

Yes  No

02. Have you considered altering your grass-cutting regime to encourage the conservation of grassland, wildlife and wildflowers?

Yes  No

03. Do you use harmful chemicals in pesticides, herbicides, fertilizers in the Church grounds and could you change your maintenance regime to enable you to stop using them?

Yes  No
Buildings

“The earth is the Lord’s, and everything in it.”
– Psalm 24:1a

01. What is your current heating source and, if you are considering replacement, have you considered low-carbon options, such as solar panels or ground heat-source instead of using oil, LPG or other fossil fuels?

02. Have you opted into the Parish Buying electricity procurement scheme, to benefit the Church not only financially in terms of bulk-buying but also in terms of carbon footprint?
   The energy supplied comes from 100% UK-sourced renewable sources -
   https://www.parishbuying.org.uk/index.php/categories/energy/energy-basket

03. Have you installed energy efficient lightbulbs or LED light fittings?

Worship and Teaching

“From everyone who has been given much, much will be demanded; and from the one who has been entrusted with much, much more will be asked.” – Luke 12:48b

01. Does your Church pray for the world and the environment?

02. Do your Church newsletters include regular features on environmental matters?

03. Do environmental issues feature as a regular theme in your lives as a Church community living out our faith?
   E.g. A Lent course, a small group discussion, taking part in global campaigns initiated by Christian Aid or other charities.
Pledges...

What can I do now?

01. Ring your energy supplier or ask your Church to join the Parish Buying Scheme, and switch to a 100% renewable tariff – this will instantly reduce your carbon footprint.

02. Pledge to buy produce for your church and at home under the LOAF principles:
   a. Locally produced
   b. Organically grown
   c. Animal friendly
   d. Fairly traded

03. Turn down the thermostatic radiator valves/heater controls, especially in rooms you don’t use.

04. Find out more about the challenges associated with climate change and what you can do about it.

05. The next step...

Congratulations! Having worked through this guide you are well on your way to registering as an Eco-Church and gain your first award. Why not take the next step and register with Arocha UK:

https://ecochurch.arocha.org.uk/awardapplication/

There are plenty of resources on our website to help.
Visit: dioceseofstasaph.org.uk/faith-in-action/eco-church/

Addewidion...

Addo cerdded, beicio neu ddefnyddio cludiant cyhoeddus yn lle'r car, neu rannu ceir, os yn bosibl.

03. Troi i lawr falfiau thermostatig rheiddiaduron / offer rheoli gwresogyddion, yn enwedig mewn ystafelloedd nad ydych chi'n eu defnyddio.

04. Canfod rhagor ynghylch heriau newid hinsawdd a beth allwch chi ei wneud yn eu cylch.

05. Y cam nesaf...

Llongyfarchiadau! Ar ôl i chi weithio'ch ffordd drwy'r canllawiau yma, rydych chi ymhell ar eich ffordd i gofrestru fel Eco-Eglwys ac ennill eich gwobr gyntaf. Pam na gymerwch chi'r cam nesaf a cofrestru gyda Archora UK:

https://ecochurch.arocha.org.uk/awardapplication/

Addo prynu cynnyrch i’ch eglwys a’ch cartref under the LOAF principles:
   a. Cynnyrch lleol
   b. Cynnyrch organig
   c. Cyflogiad fel anifeiliaid
   d. Fairly traded

02. Mae yna ddigonedd o adnoddau ar ein gwefan i helpu. Ewch i: dioceseofstasaph.org.uk/faith-in-action/eco-church/

Ffoniwch eich cyflenwr ynni neu gofynnwch i’ch Eglwys ymuno â Chynllun Prynu'r Plwyfi a newid i dariff 100% adnewyddol – bydd hyn yn leihau eich ol ffordd co ddefnyddio ynnu o cyflwm o'r Plwyfi iawn i ddarll y 100% o’r gynlluniau fforwadd fel anifeiliaid.

01. Beth all i ei wneud nawr?
Adeiladau

"A phob un y mae llawer wedi iddo, llawer a geisir ganddo; a'r hwn y mae llawer wedi ei ymddiried ynddo, mwy fyth a ofynnir ganddo. 

A phob un y mae llawer wedi iddo, llawer a geisir ganddo, 

A phob un y mae llawer wedi iddo, llawer a geisir ganddo, 

Addoli ac Addysgu

"Eiddo'r ARGLWYDD yw'r ddaear a'i llawnder."
– Salmau 24:1a

Ydych chi wedi ymuno â'r cynllun cyflenwi trydan Plwyf i'n Prynu sydd nid yn unig o fudd ariannol i'r Eglwys drwy brynu cyflenwad crynswth o drydan ond hefyd o ran ôl troed carbon?

Daw 100% o'r ynni a gyflenwir o ffynonellau adnewyddol yn y DU -
https://www.parishbuying.org.uk/index.php/categories/energy/energy-basket

02.

Ydych chi wedi gosod bylbiau golau ynni effeithiol neu osodiadau golau LED?

03.

A yw taflen newyddion eich Eglwys yn cynnwys newyddion rheolaidd am faterion amgylcheddol?

02.

A yw materion amgylcheddol yn themâu rheolaidd yn eich bywydau fel cymuned Eglwysig yn byw ein ffydd?

e.e. Cwrs y Grawys, trafodaethau mewn grwpiau bychan, cymryd rhan mewn ymgyrchoedd byd-eang gan Cymorth Cristnogol ac elusennau eraill.

03.

Beth sydd gennych chi'n twymo ar hyn o bryd, ac os ydych wedi meddwl am ei newid, ydych chi wedi ystyried dewisiadau carbon isel, megis paneli solar neu wres o'r ddaear yn hytrach na defnyddio olew, LPG neu danwydd ffosil eraill?

01.
Ffordd o fyw

"Os bydd un aelod yn dioddef, y mae pob aelod yn dioddef gydag ef, neu os bydd un aelod yn cael ei anrhydeddu, y mae pob aelod yn llawenhau gydag ef." – 1 Corinthiaid 12:26

Ydych chi’n annog aelodau i leihau gwastraff trwy ddilyn egwyddorion ‘arbed, ailddefnyddio ac ailgylchu’?

Meddyliwch am enghreifftiau ymarferol, megis gosod casgen ddŵr, dewis llestri y gellir eu golchi yn lle rhai plastig neu bapur a gosod biniau ailgylchu ayb.

01. A yw aelodau eich cynulleidfa’n rhannu ceir wrth ddod i gyfarfodydd a gwasanaethau'r Eglwys, neu’n trefnu i gerdded i'r Eglwys gyda'i gilydd? A oes yna darpariaeth i bobl gadw eu beiciau’n ddiogel wrth ddod i'r Eglwys?

02. Ydych chi wedi ystyried goblygiau moesegol eich penderfyniadau, fel Eglwys ac fel unigolion yn y cynulleidfa?

Er enghraifft, wrth benderfynu beth i'w brynu, dewiswch gynnyrch ecogyfeillgar, megis deunydd glanhau, ffynonellau bwyd ayb.

03. Tir

“Gwelodd Duw y cwbl a wnaeth, ac yr oedd yn ddag lawn.”

– Genesis 1:31

Ydych chi wedi gosod blychau adar ac ystlumod, gwesty bwystfilod, blwch draenogod neu flwch pryfed ym Mynwent yr Eglwys?

01. Ydych chi wedi ystyried newid eich trefn o dorri glaswellt i annog cadwraeth glaswellt, bywyd a blodau gwyllt?

02. A ydych chi'n defnyddio pla laddwyr, chwyn laddwyr a gwrteithiau sy'n cynnwys cemegolion peryglus ar dir yr Eglwys ac ei adnabyddiaethwyd gan adnabyddiaethwyd o'r gyfraith lleol?

03. Nac ydym

Ydym

Naddo

Oes

Naddo

Do

Gallem

04.

05.
Cysylltiadau Cymunedol a Byd-eang

Mae yna nifer o wybodaeth i chi helpu gael hyn yr arddangos gyda nhw.

1. Dyw yr ysgol o wybodaeth i chi helpu gael hyn yr arddangos gyda nhw?

2. Dyw yr ysgol o wybodaeth i chi helpu gael hyn yr arddangos?

3. Os nad ydyn ni’n barod i dalu’n iawn am ein nwyddau, mae rhywun yn dioddef, dyw rhywun ddim yn mynd i’r ysgol, dyw rhywun ddim yn gallu ymweld â'r meddyg.

Lis Perkins, Just Shopping

Yn yr arweiniad byr hwn, sydd wedi'i rannu'n adran, rydyn ni'n gofyn rhaeddfydd gyda’r byd, gyda’r cymuned, a gyda’r byd sydd wedi t Archwilio eich ymdrechion gyda dynodiad Eco-Eglwys.
Fe hoffwn i eich gwahodd i adael prysurdeb bywyd a dod gyda mi i fyny mynydd yn fy ardal, yr Arennig. Bydd yr holl ymdrech o ddirngo’n diflannu wrth i olygfa eang, glir ymddangos ar y copa.

Rydyn ni wedi syfrdanu gan y rhyfeddod...