**THE FOURTH SUNDAY after TRINITY**

**DATE** | **COLLECT & PC** | **PRINCIPAL SERVICE**
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Sunday 10 July | 89 & 90 | *Continuous*
Sea Sunday | 89 & 90 | *or Related*

**Morning Prayer**
Psalm [80, 82]
Judges 13. 1-24
Luke 17. 20-end

**Evening Prayer**
Psalm [85, 86]
Nehemiah 4
Romans 14. 13-end

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**THIRD SERVICE**
Psalm 76
Deuteronomy 28. 1-14
Acts 28. 17-31

**SECOND SERVICE**
Psalm 77 or 77. 1-12
Genesis 32. 9-30
Mark 7. 1-23

Notes
Holy Eucharist 1984 page 165.

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**DAILY EUCHARIST**
Collect & PC 89 & 90
Isaiah 1. 10-17
Psalm 50. 7-15
Matthew 10.34 – 11.1

Benedict (c540), Abbot.
See page 132.

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**Thursday 14 July**
Collect & PC 89 & 90
Isaiah 26. 7-9, 12, 16-19
Psalm 102. 1-6
Matthew 11. 28-30

John Keble (1866), Priest and Teacher.
See page 132.

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**Morning Prayer**
Psalm [90, 92]
Judges 16. 4-end
Luke 18. 31-end

**Evening Prayer**
Psalm 94
Nehemiah 7.73b – end of 8
Romans 15. 22-end

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**Friday 15 July**
Collect & PC 89 & 90
Isaiah 38. 1-6, 21
Psalm 6
Matthew 12. 1-8

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**Saturday 16 July**
Collect & PC 89 & 90
Micah 2. 1-5
Psalm 10. 1-9, 18, 19
Matthew 12. 14-21

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**Notes**
Hymn for Sea Sunday
Psalm 77
or Psalm 77. 1-12
Genesis 32. 9-30
Romans 16. 1-16

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**Morning Prayer**
Psalm [88, 95]
Judges 17
Luke 19. 1-10

**Evening Prayer**
Psalm 102
Nehemiah 9. 1-23
Romans 16. 24-end

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**Notes**
Psalm 86
Nehemiah 8. 6-7
Romans 16. 17-end